

# PATCHWORK



The Vernon Silver Star Quilters Guild Newsletter—October 2023 Vol 17, Issue 2



## Musings from our President...

October is here and the stores are not only full of Halloween decorations but also candy. I was at Nicolas Alexander nursery getting my garlic bulbs and they were setting up the Christmas tree! I am not ready for either holiday. I know for Thanksgiving I am in

Red Deer visiting my girls and grandchildren which will be fun. I will also be checking out the fabric stores in the area which I love to do. I hope everyone has a good Thanksgiving.

Remember if you are wanting to attend Retreat sign up at our next meeting on October 5. Theme for the retreat is Halloween.! There is still plenty of room.

I would like to express my thanks to all of you who volunteer your time to sit on committees and help with set up, show and tell, kitchen help, etc. Without volunteers it would be very difficult to have a guild such as ours. I for one enjoy the group and the many activities and camaraderie that the group provides. If you have not yet volunteered please consider doing so as it not only helps the guild but you get to meet other quilters that way.

See you all at our next meeting on October 5th. If you are unable to attend, have a wonderful Thanksgiving.

*Julie*

## October Happenings

- October 2— 9:00 am Scrappy Sub Group
- October 5—9:30 am Guild Business Meeting
- October 12—9:00 am Community Care Day
- October 13 Set up for Fall Sale
- October 14 Fall Sale Halina Centre
- October 16—9:00 am Classics Sub Group
- October 19—9:30 am Guild General Meeting
- October 23—26 Retreat at Gardom Lake
- October 26—9 —3 Newcomers Christmas Project
- October 30—9:00 am Talk Around the Block

Check our online calendar for updates.

## Guild Meeting Days

*Doors open at 9:00 am  
Meeting begins at 9:30 am*

\*\*\*\*\*

## Subgroups and Classes

*Doors open at 8:45 am for set up,  
Ending at 3:00 pm.*

Newsletter Editor—Deborah Brown Guild Website: [www.vssq.org](http://www.vssq.org) VSSQ Mailing Address: PO Box 20014, Vernon, BC V1T 9L4

Deadline for November Newsletter submissions is October 25, 2023

## Fall Retreat 2023 by Maggie Tomich

**PSST IN OUR SPOOKY HAUNTED HOUSE (GARDOM LAKE RETREAT) THERE IS ROOM FOR 30 (REGISTRANTS) WITCHES ONLY. SHOULD MORE THAN 30 FLY IN, HOCUS POCUS, THE BOO CREW (MAGGIE, LORI, JULIE) WILL USE A LOTTERY SYSTEM TO DETERMINE WHO CAN PARK THEIR BROOM AND PUT THE REST IN A CAULDRON (WAITLIST) TO WAIT FOR THEIR SPELL TO BE CAST. DON'T BE DISCOURAGED THOUGH, I HAVE BEEN IN THE CAULDRON TWICE AND MY SPELL WAS CAST BOTH TIMES. WHEE! CHUCKLE, WHAT HOWLING FUN.**

Warning! Spooky Retreat Activities are ahead.

What is another name for “All Hallows Eve”? Halloween is the theme for this years retreat. Activities are voluntary. We will be making a treat bag or place mat or both. It was suggested that we might consider placemats in the dining room at retreat or you can get a head start on the placemats for the Christmas Party. For the treat bag you will need:

24 x 44 inch fun Halloween print

27 x 22 inch inner bag fabric

27 x 22 inch poly fluff

2.5 inch WOF print for handles

You can also make the treat bag with other themed fabric.

For Placemats follow instructions on the pattern you choose. Bring fabric and poly fluff to sandwich.

Games will be Halloween themed. Bring: 4 - 2.5 inch x WOF strips either one colour or mixed Halloween themed strips of purple, orange, green and black; 2 Halloween themed fat quarters; 4 -10 inch squares Halloween themed.

Maybe don a Halloween costume or sport a homemade Halloween themed sewing item at your sewing table, or make Halloween treats for the snack table. Prizes will be awarded!

We are looking forward to all the Ghouls and Gals who are Spooking their way to Gardom Lake. It's going to be a Spine-chilling time. See you Oct 23 to 26. *Maggie, Lori, and Julie.*

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## Sub Groups—Join a Sub Group and Meet New Friends

### QuArtz— Christine Trory

Welcome to a new year at QuArtz. Our group meets the second Tuesday of the month at 9:30 at an offsite location with the goal of extending our quilting skills into an artistic area. We plan to explore 3-dimensional objects this year. We will discuss various surfaces and how to achieve them, options for 3-dimensional shapes and how to construct these shapes. We will also explore various embroidery stitches that might give your work a wow factor.

We have dyed our fabrics with natural and purchased dyes. We have also rusted, sun printed, and gelli printed our fabrics. We've even heated and melted a few things to incorporate into our art pieces. We look to expand our knowledge of fibre arts and artists, and learn new skills and techniques to add to our 'toolbox'.

All are welcome to explore new areas and try new projects! Please contact Christine Trory, Sandie Guenette or Jeanette Marten if you are interested in joining QuArtz or simply want to visit us for one meeting to see what we are about.

### Hooked on Classics— Deborah Brown—Still a few spots left! Come and join us.

Our group's focus is on traditional quilts. This provides many choices for projects. However we are very flexible and our main purpose is to have a day for sewing, camaraderie and lots of fun. If anyone has a project in mind that they would like to share with the group, that would be great. The group is always willing to help with advice and suggestions.

The meetings for 2023/2024 guild year will be the 2<sup>nd</sup> Monday with a couple of exceptions. Register at one of our October meetings. Payment can be made at time of sign up. If you have any questions, please contact Deborah Brown.

### Scrappy-Betty Dobson

Scrappy subgroup will continue to meet on the first Monday of the month from September through May from 9-2:30.

### Talk Around the Block— Ruth Dixon and Karen Weighill—Still Spots Left!

Is everyone ready for a new quilting season? Talk Around the Block began the last Monday of the month in September. There are 8 planned sessions, because we do not meet in December or June. Our meeting in October will be on the 30th to avoid conflicts with other scheduled quilting events. November's date is set for November 27. Sign up for the group will be available starting with the first guild meeting see either Ruth Dixon or Karen Weighill.



**Please remember! All our meetings are scent free. Thank you!**

## A Note from the Treasurer by Anita Reimer \*\*\*

Just a quick note to all members regarding our square and fees.

As you may have noticed on our proposed Balanced Budget, we are not going to pay the square fee for the use of a credit card. That cost will be passed to the purchaser rather than the whole guild. That charge is only 5% of the purchase. For example if you used your credit card for a \$5 workshop, you will be charged \$5.25. If credit card is used to pay for retreat the charge will be \$315. Otherwise charge will be \$300. There are no extra charges if you pay by cheque, cash or Interac, or an e-transfer. You will see this charge on the machine when you are giving authorization for the purchase. This will also assist you in case you gave the wrong card at time of purchase.

So there is going to be a 5% charge added to your purchase only when using your credit card. There will be NO additional charges for any cash, cheque, Interac or e-transfer to the guild.

### October Birthdays

October 4	Betty Lindsay
October 5	Cathi Litzenberger
October 6	Dixie Long
October 7	Bev Oglow
October 8	Elisabeth Reymond Lynne Isted
October 12	Linda Wright
October 16	Shirley Gregorash
October 18	Joan Fudge
October 19	Marie Trentini
October 24	Hiroko Marr Jo An Davidson
October 26	Gail Hrychany
October 27	Brenda Dewonck Ruby McRae Tanis Buller
October 28	Joanne Mitchell
October 31	Debbie Briggeman



### Fat Quarter Draw

- The theme for the fat quarter draw for 2023-24 will be “Shades of Colour”.
- October will be shades of Orange (for example light peach to dark orange or rust and anything in between).



Christmas Table Toppers for Christmas Party

As announced at the year end picnic at the Church we will be making Christmas themed table toppers for the tables—one per table to auction off. Get a group together and make a plan. Tables are 60 inches: approximate size of the topper should be 36 to 40 inches across. Hexagon, octagon and star shapes would all work well. There are many free patterns on the internet.

Toppers should be Christmas themed, pieced, sandwiched and quilted. There will be a Viewers Choice prize awarded to each member of the winning table.

If you have any questions, please speak to Maggie Tomich. Happy sewing!



Autumn Quilt Sale—October 14 at Halina Centre

Do you have quilted items that you would like to sell? Before we know it, this event will be upon us.

Anita Reimer and Susan Wilson have started the ball rolling on this opportunity for the guild to once again share our quilt passion with the greater community. Are you ready to vend?

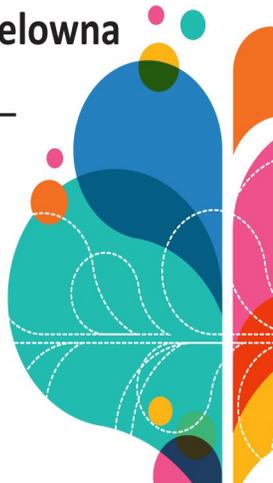
Join the fun and share while recouping a bit of the coin your passion has cost. To this end, the committee has a set formula for **minimum** pricing which worked well at our last two sales. Listen at the next meeting for more details on how to get involved or chat with either of us for more information.

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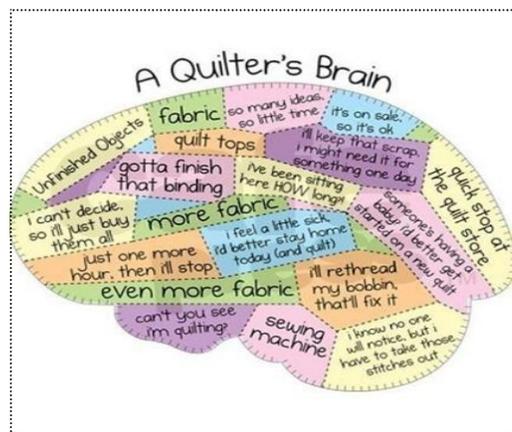


## Caring by Angie Wood

Hello everyone:

I would just like to remind everyone that I am now chairing the position of “Caring”. For all the newcomers, and a reminder for the other members, the reason for “Caring” is to let members of the Guild know that we are thinking of them at a time when they could use an “invisible hug”. A card will be sent to members in good standing who have lost an important person in their lives, if they have had surgery, or if they just need a little cheering up because they are ill.

If you are aware of any of our members who would appreciate being remembered at a difficult time please text/phone, email, or speak to me directly at a meeting. My contact information can be found in the membership list in the “Members Only” section. Thanks, Angie Wood



## Community Care

Community Care is having a sew day on Thursday, October 12 at the church, 9 am to 3 pm. We will have kits available to make quilts for Hospice House. The kits include a pattern and are suitable for beginner. Bring your lunch and enjoy a sew day!

Betty Dobson  
Lynda McGarvie  
Debbie MacLeod



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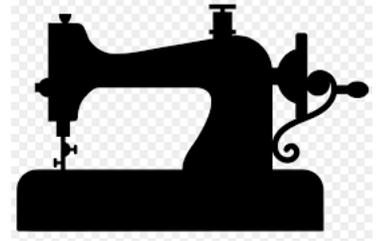
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## Workshop

September has come and gone and with it lots of great quilting opportunities. Our first Soup & Sew day was well attended, bringing old and new friends together. Susan Wilson led an informative workshop Windows 2.0 and 'Sew' Much More on September 28. So many ideas to use up those strips we have all been saving. Mark your Calendars:



- \* October 5: At the business meeting Julia Jones will introduce this year's Paint Chip Challenge. We know that a lot of fun was had with the Brown Bag Challenge of last year. Learn more about what is it and how you can get involved.
- \* Oct 12th: help out at the Community Care Day. Help develop quilts for people with diverse needs in our community, whether you help by cutting fabrics or batting or sew projects together your participation is most welcome.
- \* Oct 19th: is our Alternate meeting; the program will be diverse. The QuArtz group have a trunk show of their Whispering Quilts. As well, Newcomers will meet post meeting to discuss name tags and the supplies needed.
- \* Oct 23-26 : Fall retreat at Gardom Lake
- \* Oct 26: Newcomers will work on a Christmas project

The Workshop Committee is in the planning stages for the first of two round table adventures this season. It will be an interpretation of the Make and Take type day like the ones that Dianne did for us in the past. Estimated cost will be between \$100 and \$125. Another workshop is in the planning stages for November and depending on the fabric you choose; it could make a great Christmas gift. Watch for details at upcoming meetings.

We need you to propose other workshops or we won't have much for members to do in the new year. Do you have an idea you would like to share with a group of interested quilters? Do you know someone who might share something that you would like to learn how to do? Ask them to consider leading a workshop for our guild. To simplify the process of organizing a workshop, a Workshop Proposal form is available on the Members Only page on the VSSQ website. Complete the form and then submit it to the Committee.



  
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## Getting to Know You...Joanne Marsh



I started my sewing adventures when I was pregnant with our second daughter, back in 1969. I took evening sewing classes at SAIT in Calgary. I took every class they offered that had anything to do with sewing, including drapes, men's suit jackets and outerwear. That was back when stretchy fabric and fortrell were coming in style. I even made my husband a jacket, but I don't remember him ever wearing it! I sewed everything our daughters wore, including their bathing suits, until they got to the age that they didn't want to be seen wearing anything Mom had made. I didn't really pick up sewing again until after I quit work in 1997 and wanted something to fill my days. I started taking quilting classes at Johnson's Sewing Centre in Edmonton and took every quilting class they offered. After I had taken all that they offered, I moved over to the Earthly Goods Quilting Shop and went through everything they taught. I took some of the same classes at both shops, but found that different teachers taught things differently. The only thing that I could have taken umpteen times and I still couldn't master was machine quilting. So I guess I shouldn't even call myself a quilter, I'm a piecer. I have made hundreds of quilts in the last 26 years, but the largest

number have been baby and children's quilts and I'm still making them, mainly to try and use up all of the children's fabrics I have acquired.

When we moved back to Vernon in 2002, I joined the quilt guild immediately and got involved with the executive a year later. I got started by volunteering to take on the charity quilts, then the 6 years of vice president, president, and past president, then kitchen duties, and my last job was a greeter at the door with Betty Carlson. I can see myself quilting for quite a while yet because I still have a lot of fabric to use up.



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## Zucchini Cake—A Recipe for all those Zucchini's

### Ingredients

- 1 zucchini (10 ounces), ends trimmed
- 2 cups all-purpose flour
- 1 tablespoon baking powder
- 1/4 teaspoon salt
- 1 cup butter, softened
- 1 cup sour cream
- 1 1/2 cups white sugar
- 2 large eggs
- 1 tablespoon vanilla extract
- 1 cup chopped pecans
- 1/2 cup packed brown sugar
- 1 teaspoon cinnamon
- 2 tablespoons butter, melted



### Procedure:

Gather all ingredients. Preheat oven to 350 degrees F (175 degrees C). Line a 9x13-inch pan with foil and coat with cooking spray. Using large holes of a box grater, shred zucchini. (You should have 2 cups packed.) Transfer zucchini to a clean kitchen towel. Roll up; squeeze out as much moisture as possible. Stir flour, baking powder and salt in a bowl. In a large bowl, beat 1 cup softened butter with an electric mixer until light and fluffy. Gradually beat in sour cream, then white sugar. Beat in eggs, 1 at a time. Stir in zucchini and vanilla. Fold in flour mixture with a spatula, mixing just until incorporated. Spread batter into prepared pan. Topper: Stir together pecans, brown sugar, and cinnamon in a bowl. Stir in 2 Tablespoons melted butter until crumbly. Sprinkle topper over cake batter.

Bake until a toothpick inserted into center of cake comes out clean, 35 to 40 minutes. Let cool in pan 10 minutes

## Just in Time for Fall



Make this cute fall project to decorate for the season. Free tutorial can be found at :  
<https://fortworthfabricstudio.blogspot.com/2014/09/pumpkin-patch-block-tutorial.html>

